

Jerold E. Rothkoff, Esquire, Member of NJ, PA Bar Bryan J. Adler, Esquire, CELA\* Member of NJ, PA Bar Melanie S. Hoff, Esquire, Member of the NJ, PA Bar Carrie L. Scattergood, Esquire, Member of the NJ, PA Bar Richard L. Newman, Esquire, Member of the PA Bar Ryan A. Krocker, Esquire, Member of the NJ, PA Bar

\*Certified as an Elder Law Attorney by the National Elder Law Foundation

# **General Public Education**

Rothkoff Law Group invites you to elevate your legal knowledge and empower yourself to be your own advocate. Select one of our various topics providing valuable insights that can assist you with navigating the legal landscape of senior care.

For over two decades, the elder care professionals at Rothkoff Law Group have been helping clients and their families respond to the legal, financial, physical, and psychological challenges associated with the aging process in both New Jersey and Pennsylvania.

Rothkoff Law Group includes hand-selected professionals who are passionate and dedicated to serving the elderly and those with disabilities.

We offer seven convenient locations in New Jersey and Pennsylvania. New Jersey locations: Cherry Hill, Hamilton, and Turnersville. Pennsylvania locations: Trevose, Philadelphia, Radnor, and Doylestown.







#### Solving Elder Law Issues with Respect and Compassion

CHERRY HILL, NJ | 425 Route 70 West, Cherry Hill, NJ 08002 | (856) 616-2923 | (856) 616-2991 NJ FAX TREVOSE, PA | Seven Neshaminy Interplex, Ste 403, Trevose, PA 19053 | (215) 546-5800 | (215) 485-5695 PA FAX

INFO@ROTHKOFFLAW.COM | ROTHKOFFLAW.COM | (877) 475-1101 TOLL FREE Additional Offices in Turnersville, NJ | Hamilton, NJ | Philadelphia, PA | Radnor, PA | Doylestown, PA



# **Host a General Public Educational Seminar**

# Take the first step towards empowering yourself with the knowledge needed to navigate the Elder Care Continuum.

Our elder care attorneys, elder care coordinators, public benefits specialists, dementia trainer, and death doulas are available to present on the following topics:

#### Presented by an Attorney

- POA vs Guardianship
- Elder Care Issues and the Law
- What did you forget? Planning for a peaceful retirement
- Personal, Financial and Legal. The three legs of the stool
- Identifying & Preventing Elder Financial Abuse
- Eldercare planning POA's, Living Wills and the legal issues around housing and older adults
- What is Life Care Planning and why is it so important
- Mistakes People Make When Estate Planning and Their Consequences

## Presented by an Elder Care Coordinator

- Managing Caregiver Burnout
- Advocating for yourself and a loved one in a healthcare setting

## Presented by Public Benefits

- Veteran's Benefits
- Understanding Medicaid and Medicare

#### Presented by Physical Therapist

- Healthy aging: fitness, nutrition, and wellness considerations for older adults
- Fall prevention: Tips to improve balance & when to see a physical therapist
- How to do more with less: Tips to build an effective home exercise program
- Managing chronic health conditions with Physical Therapy
- Importance of brain & physical health in older adults

#### Presented by Dementia Practitioner

- Is this Dementia? Understanding normal aging of the brain versus not normal aging
- Gems Understanding brain changes and recognizing sustained abilities along the Dementia journey
- Effective communication with someone living with Dementia

## Presented by Death Doula

- Legacy projects- Reflecting on life's meaning and legacy
- Grief/ End of Life Presentation
- Embracing Diversity
- Self Care for Caregivers/ creating compassionate caregivers

## Presented by Home Modification Specialist

- Understanding and Managing Dementia Related Behaviors
- How To Identify When a Senior Needs More Support and What To Do About It.

# www.rothkofflaw.com