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"I Like Me": You Will Like It Too

By **Jerold E. Rothkoff, Esq.**

Last month, my wife, son, and I attended a screening of the new John Candy documentary, *John Candy: I Like Me*. It is a new biographical documentary about the life, work, and legacy of actor/comedian John Candy. It is directed by Colin Hanks and produced by Ryan Reynolds.

The film draws from rare home videos, archival footage, outtakes, photographs, and interviews with his family, colleagues, and contemporaries, aiming to portray the more private, vulnerable side of a man often known for his warmth, comedic presence, and affability. The film frequently circles back to Candy's young age, as interviewees, including his children and multiple fellow comedians and celebrities like Bill Murray, Eugene Levy, and Dan Aykroyd, convey how the death of Candy's own father foreshadowed his fate. As interviewees note, Candy's father died of a

heart attack at age 35. He passed suddenly on John's fifth birthday, so the notions of mortality and of the preciousness of time are recurring themes in the anecdotes that interviewees share. It premiered at the Toronto International Film Festival on

September 4, 2025, and was slated for release on Amazon Prime Video on October 10, 2025.

The film also explores the weight Candy carried with him, including anxiety, body image issues, and the pressure of constantly being the man who had to deliver the laugh.

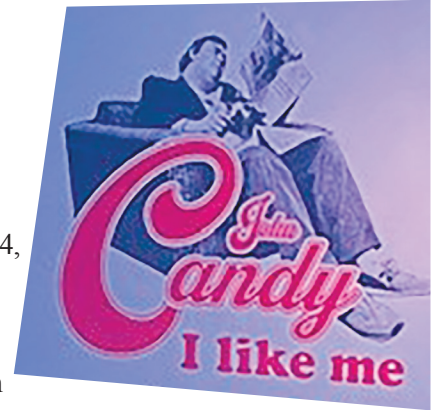
In an age of social media, there is something timeless about the warmth, humor, and humanity of John Candy. For many

older adults, his movies are not just nostalgic—they are comforting reminders of a gentler kind of comedy that still speaks to the heart.

John Candy left behind more than just a catalog of memorable films, such as *Planes, Trains and*

Automobiles, Uncle Buck, and Spaceballs. He left a legacy of warmth, humanity, and authenticity. One of his most famous moments comes from the 1987 classic *Planes, Trains and Automobiles*, where his character, Del Griffith, delivers the

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Director Colin Hanks, producer Ryan Reynolds,
and John Candy's children, Jennifer and
Christopher Candy

Voting Information for Residents and Long-Term Care Facilities

General election day across the U.S. is on November 4, 2025. If you live in a nursing home, federal nursing home regulations emphasize that you have the same rights as any other citizen of the United States—this includes your right to vote!

Federal laws state that:

All aspects of voter registration must be accessible to people with disabilities, voters with disabilities can receive assistance from a person of their choice, polling places must be accessible, and if they are not, voters must be provided with an alternative means to vote on election day.

Long-term care facilities should have a plan to ensure residents can exercise their right to vote. This could include providing direct support to residents and/or coordinating with state programs that provide assistance to those living in residential facilities. However, you should have a plan for voting too.

Options for voting may include absentee ballot, mail-in voting, early voting, and voting in person on Election Day. Assistance with

registering to vote, requesting an absentee ballot, or filling out your ballot, can be obtained from a person of your choice, including a family member, a staff person, or someone else. Residents should be able to choose the method of voting that they prefer and that is easiest for them.

Nursing homes are required to support you in exercising your right to vote. This means they should:

- 1) Reach out and ask residents about voting and help any resident who expresses a desire to vote. Ensure the staff does not make their own determinations about who is eligible to vote.
- 2) Support you in obtaining assistance to vote if needed.
- 3) Assist with voter identification requirements, including helping you obtain an acceptable form of identification if necessary.
- 4) Help you determine if you are registered to vote, and your voter registration is up to date, including with the correct address.
- 5) Provide and assist with your mail-in voting or absentee ballot request forms and ballots if you are not planning to vote in person.
- 6) Provide stamps, envelopes, and other materials you may need if you're submitting a mail-in or absentee ballot.
- 7) Arrange transportation to your polling sites if you choose to vote in person.



“I Like Me”: You Will Like It Too (Continued from front page)

unforgettable line:

“I like me. My wife likes me. My customers like me. Because I’m the real article.”

This simple declaration has become one of the most enduring takeaways from Candy’s career. For older adults, it holds valuable lessons about aging with confidence, humor, and self-acceptance. As we grow older, it’s easy to focus on what we’ve lost—whether that’s physical stamina, professional roles, or people we’ve loved. Candy’s message is a reminder that the core of who we are matters most. Liking yourself, flaws and all, can be one of the greatest strengths in later life.

Candy’s characters were often awkward, bumbling, and imperfect—yet they were always deeply human. Older adults who embrace humor, even in tough circumstances, often find it brings connection, relieves stress, and builds resilience. In a world obsessed with youth and “keeping up appearances,” Candy showed us that imperfection is lovable. His words ring especially true: you don’t need to be perfect; you just need to be real.

Candy’s films were more than entertainment—they were shared experiences. Many people remember laughing with children, siblings, or

friends during holiday gatherings. His humor wasn’t flashy or cynical; it was warm, human, and relatable. Watching Candy, audiences saw reflections of themselves: the struggles, the kindness, the awkwardness, the heart.

I Like Me is a reminder that comedy and kindness are not small things. John Candy died too young at age 43, but he left behind an enduring impact. He represents a kind of storytelling that’s increasingly rare—one that finds laughter not in cruelty or cynicism, but in compassion and connection. In today’s polarized world, we can use more people like John Candy.

Be Prepared for Medicare's Annual Enrollment Period



The Medicare Open Enrollment Period for 2025 will arrive shortly. Throughout the year, Medicare has different enrollment periods. The Open Enrollment Period, or OEP, is the timeframe during which Medicare beneficiaries can make changes to their Medicare plans.

This year's OEP will take place October 15 through December 7, 2025. Any changes you make to your Medicare plan during this period go into effect on January 1, 2026.

During OEP, you can...

- Switch from Original Medicare (Medicare Parts A and B) to a Medicare Advantage (Medicare Part C) plan.
- Switch from a Medicare Advantage plan back to Original Medicare.
- Switch from one Medicare Advantage plan to another. This might involve switching from a plan without Medicare Part D prescription drug coverage to one that has it, or vice-versa.
- Make changes to your Medicare Part D prescription drug plan:
 - Join a Part D plan.
 - Switch from one Part D plan to another one.

- Drop your Part D plan altogether.

Note: Medicare Supplement Insurance plans are an exception. You can join one at any time during the year, not just during OEP.

Once the Medicare Open Enrollment Period closes on December 7, 2025, you cannot make any changes to your Medicare plan until the following year. There are some exceptions, such as if you move out of the area served by your plan. But for most people on Medicare, the OEP is the only time when you can make a change.

Please note if the Medicare coverage you have now is working for you, and your plan(s) is offered for 2026, then you can keep your coverage as it is. However, because this time comes but once a year, it is a good idea to evaluate your coverage during Open Enrollment Period every year. That way, you will know if you already have the best coverage options for you, or if you need to make some changes. Be sure to make the decisions that will best meet your health care coverage needs for the coming year. Your status in October may not be where you find yourself next July.

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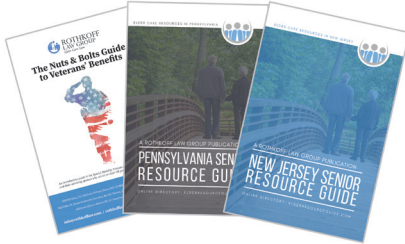
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Cooper River Walk To End Alzheimer's

*What an incredible day in Pennsauken, NJ on September 13, 2025! We are beyond grateful to all who walked, donated, and stood with **Love 4 Lois** at the Walk to End Alzheimer's. Together, we are making a difference step by step. The journey continues in Philadelphia on November 8, 2025 at Citizens Bank Park.*

Walk with us or give today:

<https://ow.ly/ZI2T50WXF0s>



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